

WOMEN OF LAW ENFORCEMENT

FULICE

2025 CONFERENCE CLASS CATALOG

CLASS TITLE	INSTRUCTOR & DESCRIPTION	AVAILABLE CLASS TIME
Deadly Betrayal: The Hidden Reality of Abuse and Murder in Care Homes	Instructor: Angela Bell An in-depth look at a high-profile case which pulled back the curtain on abuse, neglect, exploitation and homicide in an unlicensed care home. Hear other accounts of complex cases, best practices for working these and receive helpful resources to assist you with your investigation. Learn how to collaborate with city, state and federal agencies to ensure suspects are successfully held accountable.	THURSDAY 0800
Homicide Case Study: The Murder of Evila Yanes	Instructor: Krystallyne Robinson This course covers the 2022 homicide of Evila Yanes from the initial patrol response to the investigation and court proceedings. This course will demonstrate to patrol officers how family violence contributed to this homicide and will also cover best practices for patrol response to homicides. Additionally, detectives and those interested in investigations will learn important lessons from this case to include case law, evidence recovery and interrogations.	TUESDAY 1300
Relentless Pursuit: Inside the Investigation of a Capital Murder	Instructor: Aaron Benzick This presentation details the extensive and complex investigation into the capital murder of Christopher Collinvitti — a case that spanned two and a half years and required extraordinary investigative effort and perseverance. Beginning with minimal evidence at the scene — two shell casings and a low-quality surveillance video — investigators employed innovative techniques to identify a suspect vehicle and later leveraged critical firearm forensic evidence to move the case forward. The investigation faced significant obstacles, including an officer-involved shooting that temporarily disrupted momentum. Ultimately, a breakthrough came in the form of a photograph revealing the serial number of the murder weapon, leading to the identification of those responsible. Over the course of the investigation, 86 pieces of legal process were executed, and 18 unrelated cases were solved, reflecting the scope and complexity of the effort. This case study highlights the challenges, resourcefulness, and determination required to bring justice in a high-stakes capital murder case. It also is designed to provide practical insights into investigative strategy, interagency coordination, and evidence development under pressure.	TUESDAY 0800

CLASS TITLE	INSTRUCTOR & DESCRIPTION	AVAILABLE CLASS TIME
The Shawn Grate Case: A Serial killer, a female detective, and the pursuit of a confession	Instructor: Kim Mager The presentation will detail Detective Mager's fascinating & profoundly chilling account of the Shawn Grate investigation. A key to his conviction and death sentence were Grate's extensive recorded confessions to Detective Mager. As an experienced specialist in sex offenses and violent crime, she was the primary detective assigned to Grate's case. Grate immediately latched onto her, repeatedly demanding to speak to her and presumably convinced that he could somehow exercise his power over her in much the same way that he'd overpowered and controlled his female victims. He was wrong. Over a period of eight days, Mager conducted one interview after another. Using psychological strategy in a lethal game of wits, Mager successfully elicited his damning confessions to five murders, kidnapping, and multiple sexual assaults of women across Ohio. The case study will take attendees behind the scenes of one of the most appalling criminal cases in American history. There will be a focus on the take-aways from the perspective of a female officer. The hope is to energize officers to gain confidence to push through difficult moments and to realize potential in themselves in every situation. Attendees will learn techniques to increase confession rates and how to build and maintain the "Be the One" mentality.	WEDNESDAY 0800 & 1300

CLASS TITLE	INSTRUCTOR & DESCRIPTION	AVAILABLE CLASS TIME
Introduction to Effective Fitness Combatives	Instructor: Lana Toporek The purpose of this introductory course is to create effective LE professionals. The course is designed to equip them with the knowledge and skills to train and lead their peers in an effort to raise the standard of training as it pertains to combatives, defensive tactics, and use of force situations. This course is ground fighting based and appropriate for all experience levels! This class will introduce students to the concepts and techniques taught in the full EFC course. Student Requirements: • Sworn Peace Officer or Detention Officer only Comfortable clothing, duty belt, socks and/or mat shoes	TUESDAY, WEDNESDAY, THURSDAY 0800

CLASS TITLE	INSTRUCTOR & DESCRIPTION	AVAILABLE CLASS TIME
Be Empowered! Your Journey to Building a Path to Wealth	Instructor: Cathy Tamez	TUESDAY 1300
Balancing Act: Addressing the work-life dynamic and impact on women's mental health	Instructor: Stephanie Miller This course provides an overview of the differences in mental health among men and women in law enforcement and how to address stigma associated with women's mental health. We will also explore barriers women face and provide participants with strategies and skills to avoid burnout, compassion fatigue, and vicarious trauma while maintaining a healthy work-life balance.	TUESDAY 1300
Building Financial Strength in First Responder Families	Instructor: Nick Daugherty Building Financial Strength in First Responder Families is a progressive financial wellness class helping first responders learn the importance of how money affects their overall wellness, taught by first responders, for first responders. Topics covered include why financial wellness affects us not only at home, but on the job, budgeting using the SWAT method, Will & Estate planning, Legacy Go-Bag preparation, the impacts of debt in your lives, Retirement accounts 101, Financial Pitfalls of first responders, and the eight phases of financial training – a proven plan to start to build your financial strength.	THURSDAY 0800
Coping With Chaos: How to reduce stress and improve wellness at home and work	Instructor: Stephanie Miller In this course, participants will develop an understanding of the short-term and long-term effects of prolonged stress, how stress can be beneficial in the context of law enforcement, and how stress impacts the mental wellness of women in law enforcement specifically. Participants will also develop strategies to decrease stress in home and work life and how to "flip the switch" to transition between home and work effectively.	WEDNESDAY 1300

CLASS TITLE	INSTRUCTOR & DESCRIPTION	AVAILABLE CLASS TIME
Fitness & Wellness for Law Enforcement: Beast Training Camp	Instructor: Brian & Melissa Matos A block of instruction to include a workout designed for the LE athlete, nutritional Information (the truth about calories, macros & fad diets), how to eat well on the job (meal prep, snacks, hydration), how to balance and prioritize your health & well-being as an officer, best ways to lose fat and get strong.	THURSDAY 0800
Life After Law Enforcement - Sheepdog Resume	Instructor: Kim Triplett-Kolerich This course addresses the importance of preparation for the next chapter either inside your agency or in the private sector: 5 years out, 1 year out, 6 months out. How do you make yourself marketable? How do you strategize your skill set? How do you maximize your training to increase your value to your leadership and to a potential new employer? This course also addresses the mental strength needed to believe in and promote your skills, experience, and value, including the why and the how. For all its honor and purpose, law enforcement can also take a mental, emotional, and physical toll. Through real-world examples, we will address how to strategically leverage the positives and utilize the negatives to create an advantage in preparing for your next career chapter.	THURSDAY 0800 & 1300
Take Charge: Designing your Path from Duty to Retirement	Instructor: Kimberly Stratman Let's be honest—you're going to leave the job someday, so why not make that moment bold, intentional, and 100% on your terms? This class is a lively, real-talk workshop created specifically for female first responders who are ready to take charge of what comes next. And live your best life now! Led by a retired first responder with 30 years of service, this empowering four-hour session blends relatable experience with powerful tools to help you ditch the overwhelm and start designing a life you actually want to wake up to—now and in retirement. We'll dive into how making small, smart choices today can lead to big shifts tomorrow. You'll learn how to stop waiting for "someday" and start creating a future that reflects your values, goals, and dreams. We'll talk about protecting your health, boosting your financial stability, and strengthening the relationships that matter most—all while keeping it real about what it means to transition out of a high-intensity career. Whether you're just starting to think about retirement or already mapping out your exit strategy, this workshop is your space to learn, connect, and get inspired. No doom. No gloom. Just solid guidance, fresh perspective, and a whole lot of encouragement. You've served with strength—now let's make sure your next chapter is just as powerful. Let's do this!	THURSDAY 0800

CLASS TITLE	INSTRUCTOR & DESCRIPTION	AVAILABLE CLASS TIME
Undoing the Damage of Compartment- alization Culture	Instructor: Shannon Polito First responders often embrace a culture of compartmentalization, concealing the emotional toll of their roles. This has resulted in overwhelming stress and unaddressed trauma. Prioritizing self-awareness and listening to one's own body is crucial to mitigating additional stress and trauma, promoting overall well-being within this challenging profession.	TUESDAY 0800
Wellness: A Comprehensive Approach	Instructor: Dr. Heather Twedell A team of experts provide foundational elements of understanding the physiological, physical, and mental toll of repeated stress exposure. Evidence-based training will be provided by a mental health provider, physical therapist, and dietician to increase both occupational and personal resilience utilizing psychoeducation and interactive skills application to mitigate negative effects on overall functioning, health, and relationships.	TUESDAY 0800
Why Investing Is Not Simple	Instructor: Marc Mirabella Accumulating wealth is a journey. It takes persistence and focus. Reaching your destination can mean a better life and security for you and your loved ones. To create a plan, you may need help from a guide you can trust. Confidence in your investments means being clear about your goals and comfortable with the advice you get for reaching them.	TBD

CLASS TITLE	INSTRUCTOR & DESCRIPTION	AVAILABLE CLASS TIME
Basic Patrol Rifle	Instructor: Mike Moore This course will be a refresher course for the student to the carbine where we will focus on the fundamentals of marksmanship and some basic tactics, to allow for more confidence with the carbine. The course focuses on sharpening your skills to your maximum ability through repetition. Overview: Shooting Fundamentals; Multiple Skills Drills; Tactical/Speed Reloads; First shot hits; Mind Set Student Requirements: Sworn Peace Officer only. Students must have prior carbine training, basic knowledge of the carbine weapon system and fundamentals. Weapon must be sited in and zeroed to the shooter before attending class. AR style carbine w/tactical sling and 3 magazines, Rifle magazine holder or chest rig, wrap around ballistic eye protection, ear protection, brimmed style cap, 300 rounds of ammunition (No reloaded ammunition). Optional: Patrol Gloves.	TUESDAY 0800 WEDNESDAY 0800
CQB and Team Tactics	Instructor: Jaime Malone This course is designed to give the student a basic understanding and working knowledge of operating as a 2 or 4 officer team. So often we train as an individual, where we have our own space and we are responsible for our own actions; yet once in the field we have other officers on scene or civilians right there with us. This course will focus on shooting as pairs, dominating space, fighting around your partner and communication. Student Requirements: Sworn Peace Officer only. Duty Belt containing at least duty handgun and holster, 3 magazines, mag pouch, wrap around ballistic eye protection, ear protection, brimmed style cap, 300 rounds of ammunition (No reloaded ammunition). Optional: Patrol Gloves.	TUESDAY 1300 WEDNESDAY 1300

CLASS TITLE	INSTRUCTOR & DESCRIPTION	AVAILABLE CLASS TIME
Intermediate Tactical Patrol Rifle	Instructor: Mike Moore This fast-paced course will be a refresher course for the student to the carbine where the methods of fundamental marksmanship and tactics will combine to allow quick and effective deployment in a tactical situation. The course focuses on advancing your skills to your maximum ability through repetition. Overview: Shooting Fundamentals; Multiple Skills Drills; Tactical/Speed Reloads; Position Dexterity; Rapid Deployment; First shot hits; Shooting and moving/moving and shooting; Mind Set Student Requirements: Sworn Peace Officer only. Students must have prior carbine training, good working knowledge of the carbine weapon system and fundamentals as this course will only refresh the basics before quickly moving into the tactical shooting drills. Weapon must be sited in and zeroed to the shooter before attending class. AR style carbine w/tactical sling and 3 magazines, Rifle magazine holder or chest rig, wrap around ballistic eye protection, ear protection, brimmed style cap, 300 rounds of ammunition (No reloaded ammunition). Optional: Patrol Gloves.	TUESDAY 1300 WEDNESDAY 1300 THURSDAY 0800
Reactive Shooting	Instructor: Jaime Malone Gunfights happen at a very high rate of speed and we must train our officers to operate at this speed. In order to do this the students/officers must understand the concept behind the skill, the mechanics, the "why" and the importance of the skill for their job. There are many levels of competence, but we will be focusing on two: • Conscious Competence - When warmed up and focused students are able to perform the skill. • Unconscious Competence - Students are able to perform the task correctly as a reflex without having We will push you to your fighting speed. The goal is to start training to the level of Unconscious Competence. Student Requirements: • Sworn Peace Officer only. • Duty Belt containing at least Duty Handgun and holster, 3 magazines, mag pouch, wrap around ballistic eye protection, ear protection, brimmed style cap, 300 rounds of ammunition (No reloaded ammunition). • Optional: Patrol Gloves.	TUESDAY 0800 WEDNESDAY 0800 THURSDAY 0800

CLASS TITLE	INSTRUCTOR & DESCRIPTION	AVAILABLE CLASS TIME
Pistol Fundamentals	Instructors: Michelle Davison & Lacy Merrill Whether you're a newer shooter or refining years of experience, this 4-hour live-fire course is designed to deliver practical, effective handgun skills rooted in consistent application of the fundamentals. This session emphasizes building repeatable performance while improving speed and accuracy. Real-time troubleshooting support will be available throughout, so each shooter leaves better than they came. This is a fast paced but fundamentals focused course. Come ready to shoot, learn, and refine your skills no matter your starting point. Goals: Basic Fundamentals (Grip, Stance, Sights, Trigger, etc.), Accuracy, Holster work/ Draw Stroke, Indexing and Reloads/Stoppages Student Requirements: Sworn Peace Officer only. Duty Belt containing at least Duty Handgun and holster, 3 magazines, mag pouch, wrap around ballistic eye protection, ear protection, brimmed style cap, 350 rounds of ammunition (No reloaded ammunition). Optional: Patrol Gloves.	TUESDAY 0800 & 1300 WEDNESDAY 0800 & 1300 THURSDAY 0800

CLASS TITLE	INSTRUCTOR & DESCRIPTION	AVAILABLE CLASS TIME
5 B's of Child Abuse	Instructor: Dr. Kristin Reeder This case-based presentation will review the variety of injuries of child physical abuse and will include examples of abuse and non-abusive injuries. This information will assist officers with determining the presence of physical abuse. Additionally, this course will illustrate the importance of trauma history in the diagnosis of child physical abuse.	WEDNESDAY 1300
Aquatic Death Investigations	Instructor: Andrea Zafares This introductory session teaches officers and investigating detective special tactics to take when responding to drowning incidents, including child abuse involving drownings and near drownings. Additionally, this course will examine the postmortem physiology forensics of homicide victims being dumped in water, and what first responders should look for when investigating incidents that initially appear to be accidental drownings.	TUESDAY 0800 & 1300
Homeland Security - Human Trafficking Awareness	Instructor: Annie Robinson This class will discuss offenses related to trafficking and key terms and investigative techniques used in sex trafficking investigations. These include current trends, traditional versus proactive investigations, and resources available. Students will also be presented with a case study and engage in a question and answer session.	WEDNESDAY 0800
Introduction to Internet Crimes Against Children (ICAC)	Instructor: Amanda Meyer This class will provide introductory knowledge to recognize and investigate technology related crimes against children. Topics include important legal definitions, warrants and subpoenas, and the collection and processing of evidence.	THURSDAY 0800

CLASS TITLE	INSTRUCTOR & DESCRIPTION	AVAILABLE CLASS TIME
Wrongful Convictions: Awareness and Avoidance	Instructor: Marcus Beach This engaging and impactful training, developed by the Illinois Innocence Project, is designed to educate law enforcement professionals on the causes, consequences, and prevention of wrongful convictions. Participants will explore real-life exoneration cases and hear firsthand from exonerees, gaining valuable insights into the systemic failures that can lead to injustice. The course emphasizes collaborative responsibility between law enforcement and advocacy organizations to uphold justice and avoid convicting the innocent. Topics include incentivized testimony, false confessions, eyewitness misidentification, racial disparities, and official misconduct.	TUESDAY 1300

CLASS TITLE	INSTRUCTOR & DESCRIPTION	AVAILABLE CLASS TIME
Can You Handle the Truth? Practical Tools for Giving and Receiving Feedback That Lands	Instructor: Dr. Galia Cohen Are you trying to build a culture of open feedback? Be careful what you ask for. In this hands-on session, Dr. Galia Cohen will share practical, no-nonsense tools for giving and receiving feedback that lands. Participants will learn effective strategies for delivering honest feedback in ways that strengthen relationships and reduce tension. They will also explore how to receive—and communicate—negative or hurtful feedback constructively, fostering trust and paving the way for real growth.	WEDNESDAY 0800
Emotional Intelligence	Instructor: Shannon Polito Emotional Intelligence is the cornerstone of a thriving work environment, whether it be sworn or civilian. Recognizing and understanding both personal and others' emotions fosters a mindful pause between triggers and reactions. This skill can transform often toxic work atmospheres. It identifies strengths, weaknesses, and focus areas, empowering students to take responsibility for actions and emotions. Equipped with self-awareness, they cultivate a positive work environment, demonstrating the transformative impact of Emotional Intelligence.	TUESDAY 1300
Extreme Ownership	Instructor: Kyle Taylor Review/discuss the key leadership concepts and principles detailed in the book "Extreme Ownership" written by former Navy Seals Jocko Willink and Leif Babin. The Texas Highway Patrol presents the class with the approval of Echelon Front. Leadership, at every level, is the most important factor in whether a team succeeds or fails. This course details the mindset and principles that enable success even in the most challenging missions; Extreme Ownership shows how to apply them to any team or organization. A compelling course with powerful instruction and direct application, Extreme Ownership challenges leaders at every level to fulfill their ultimate purpose: lead and win.	WEDNESDAY 0800 & 1300

CLASS TITLE	INSTRUCTOR & DESCRIPTION	AVAILABLE CLASS TIME
Get Over Yourself and Make a Difference	Instructor: Kellie Renfro Two determined women share their journey of transforming their department, highlighting the power of resilience, collaboration, and self-empowerment. Over several years, they faced challenges like fear of failure, imposter syndrome, self-doubt, and the "queen bee" mentality, yet, through unwavering determination, they navigated these obstacles and made significant changes within their agency. You will leave empowered to trust in your own ability to create meaningful and lasting change, take charge, and break barriers, no matter your rank or position.	TUESDAY 1300
Special Olympics Law Enforcement Torch Run - A Unified Experience	Instructor: Kellie Renfro Special Olympics and Law Enforcement officers have a long history and partnership that spans decades. Learn the benefits of involvement, appropriate ways of speaking to/about the intellectual disability (ID) community, and interact with real SO athletes. After some classroom time, you will participate in a "Unified" experience with the athletes and see first-hand how we are all more alike than different (no running required!).	TUESDAY 0800

CLASS TITLE	INSTRUCTOR & DESCRIPTION	AVAILABLE CLASS TIME
Basic Crisis Negotiations	Instructor: Michelle Bullock This course is designed to provide officers with basic skills to assist in high-risk crisis situations such as unarmed suicidal subjects threatening to jump from elevated positions or barricaded subjects. This course DOES NOT certify officers as Crisis/Hostage Negotiators but will provide basic skills that may assist officers in promoting a positive outcome through utilizing active listening skills in crisis situations.	THURSDAY 0800
Force on Force Scenarios	Instructor: Rachel Dehoyos This is a four-hour block of instruction that will involve Reality Based Training scenarios inside a state-of-the-art Tactical Village. Officers will be using training weapons with marking cartridges and protective equipment. This course is designed to provide realistic simulations, allowing officers to navigate scenarios and isolation drills that demand quick thinking and decisive action. These scenarios will help enhance your ability to make effective decisions under stress and help improve reaction times in crucial situations. The scenarios are designed to enhance teamwork, coordination and communication among officers. Sworn Peace Officers only.	TUESDAY 0800 & 1300 WEDNESDAY 0800 & 1300 THURSDAY 0800
Managing Critical Incidents	Instructor: David Hutson This course is designed to provide front-line officers and supervisors with the information and tools needed to manage critical incidents prior to the arrival of SWAT. Understanding the methodology used in managing a dynamic tactical problem, basic incident command fundamentals, and the 4 primary types of critical incidents involving an adversary that will give the front-line officer and supervisor the tools needed to succeed during these events.	WEDNESDAY 0800 & 1300

CLASS TITLE	INSTRUCTOR & DESCRIPTION	AVAILABLE CLASS TIME
Still Standing: Continued fight in domestic violence cases while overcoming personal adversity	Instructor: Amy Seaton Adult Special Crimes Detective Amy Seaton shares her journey of losing her leg to an on duty injury and knowing her fight against Domestic Violence was not over. Beyond sharing her experience of amputation, the session will explore advocacy for the Victims and the families, critical interview techniques of parties involved and the frustrations Law Enforcement face in these difficult cases. This session will also highlight the importance of bridging the gap between Detectives, Patrol, District Attorney's Offices, Advocates with resources and the Survivors.	THURSDAY 0800
Strangulation Investigations	Instructor: Lori Nelson Utilizing training videos from RESPOND Against Violence and discussion, attendees will learn more about the anatomy and mechanics of injury in strangulation cases, understand the signs and symptoms of strangulation, and tips to best to articulate how the circulation and/or blood flow were impeded. Attendees will also learn more about the escalating behaviors of power and control and the dynamics of domestic and sexual violence.	WEDNESDAY 1300
Street and Hybrid Gangs	Instructor: Kimberly Yearwood This class will provide tools and websites to keep up to date on street and hybrid gang intelligence. The lecture will also address the unique opportunity women have when interviewing these individuals as well as touching their lives for the better.	THURSDAY 0800

CLASS TITLE	INSTRUCTOR & DESCRIPTION	AVAILABLE CLASS TIME
Tactical Medical	Instructor: Serena Henderson This class will cover Tactical Combat Casualty Care (TCCC) and the MARCH protocol for treating life- threatening injuries. A didactic portion will be followed by practical application and trauma lanes utilizing tourniquets, combat gauze, and chest seals.	THURSDAY 0800

CLASS TITLE	INSTRUCTOR & DESCRIPTION	AVAILABLE CLASS TIME
Generational Trauma in the ECC	Instructor: Alena Brown This course provides a practical and compassionate approach to understanding and addressing generational trauma within the workplace setting. Participants will learn how their past traumas from how they were brought up in the industry may have been or currently are being passed down to the next generation of co-workers. We will discuss the impact of behaviors, provide solutions for generation diversity and list tools to improve your work culture.	WEDNESDAY 0800 & 1300
Inside the Mind: Active Shooter Awareness for First Responders	Instructor: Sofia Brabham This specialized course is designed for emergency dispatchers and law enforcement officers, providing a focused understanding of active shooter incidents within the United States. The course covers national statistics and emerging trends, enabling participants to recognize these high-risk events' frequency, locations, and evolving nature. Participants will examine the behavioral indicators and backgrounds of known active shooters better to understand common psychological, social, and situational origins. Emphasis will be placed on the critical role of first responders in the early moments of an active shooter incident.	WEDNESDAY 0800 & 1300
Vicarious Trauma	Instructor: Angelique Scott This course is designed to give students knowledge and an understanding of Vicarious Trauma. Students will learn the different types of people who are exposed to vicarious trauma and how to identify the warning signs. Students will be informed of the symptoms of vicarious trauma and the different types of resources available to them if they or someone they know is suffering from vicarious trauma.	TUESDAY 0800 & 1300

CLASS TITLE	INSTRUCTOR & DESCRIPTION	AVAILABLE CLASS TIME
Drones: What Are They Good For?	Instructor: Zachary Cryer This course will cover practical uses of drones in current policing. We will cover searching exterior and interior, utilization in SWAT and warrant deployments, crime scene/accident reconstruction mapping, and more.	TUESDAY 0800
IED and Homemade Explosive Precursor Recognition	Instructor: Nicole Green This block of instruction will include IED component recognition for the patrol officer to be able to have a good foundation of when to call the bomb squad. Commercial and homemade explosive familiarization, along with the precursors to HMEs will be included in this presentation. Explosive detection canine operations will be explored as to when and when not they will be utilized in suspicious circumstances.	TUESDAY 0800
Advanced Female Undercover	Instructor: Michelle McAllister & Brittney Alexander This course will discuss methods, tactics and various hurdles for women working in undercover roles within law enforcement.	WEDNESDAY 1300
Beginner Female Undercover	Instructor: Michelle McAllister & Brittney Alexander This course will discuss methods, tactics and various hurdles for women working in undercover roles within law enforcement.	WEDNESDAY 0800

TUESDAY 0800-1200	TUESDAY 1300-1700

WEDNESDAY 0800-1200	WEDNESDAY 1300-1700

THURSDAY	THURSDAY
0800-1200	1300-1700
	GENERAL SESSION